

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Rudi Barnard

Has successfully participated & completed the

Solo Bull Cowhouse Cross Duathlon 2017 #5

held at Cowhouse Market.

**TIME** 02:38:54

**PACE** 10.95km/h

**OVERALL** 19 of 35

**GENDER** 17 of 26

VETERAN 8 of 10

10 September 2017, Sun

Date



